



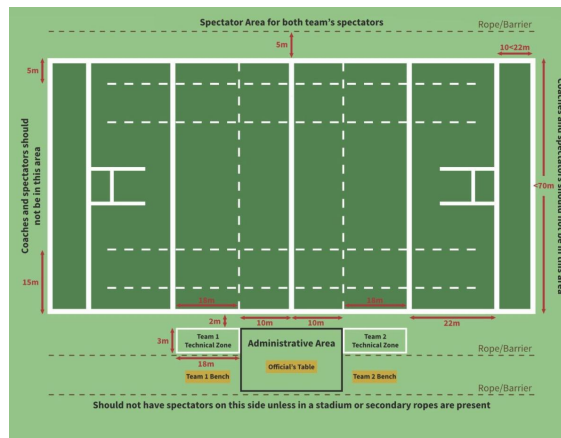
# THE BREAKDOWN

skills  
relationship  
education  
career  
success  
help

The Breakdown is a newsletter for you, our coaches. There would not be any rugby in Ohio without you and we want to give you an easy, user friendly reference for resources and reminders.

## Technical Zones

The Technical Zones (TZs) are the areas specified for teams and coaches during a rugby match. These are designed for the safety of the players, coaches, referees and spectators. USA Rugby and Rugby Ohio require the use of TZs for all high school games. Reference materials on [TZs](#) are available under [Coaches - Resources](#) on the [Rugby Ohio](#) website.



## EMERGENCY ACTION PLAN

## 2020 Emergency Action Plans

Each year teams are asked to submit an updated Emergency Action Plan. All plans will now be published on the Rugby Ohio website, under the Home tab [here](#).

Please submit your 2020 EAP via email to [Lee Pulver](#) no later than **Sunday, March 15, 2020**.

[Download the EAP Form](#)

## "How To" Guides - Adding a Game

Next up in the "How To" Guides is how to add a game to the Rugby Ohio website. Don't forget to send any new games, or game changes, via email to [Lee Pulver](mailto:lee@rugbyohio.com) so that she can update any officiating needs.

[Access "How To" Guides](#)

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### Reminders:

- **2020 Policies & Procedures** are available on the Rugby Ohio website, under [Coaches - Resources](#)
- The **InjureFree** roll out is in process. Stay tuned for information on how to implement this tool for your team.
- **Certificate of Insurance (COI)** - Any coach who needs to pull a COI for the season must do so through USA Rugby. Please fill out the form found under Frequently Used Links/Forms on the Rugby Ohio website [here](#). Please ask Lee if you need any help with this.
- Any **schedule changes** must be communicated to [Lee](mailto:lee@rugbyohio.com) (lee@rugbyohio.com) so that she can make the necessary adjustments for referees and trainers
- Send [Lee](#) any corrections to the **Coach Contact List** for your team

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